Discover India

October 1998

Rs. 50



Subscription copy. Not for resale

- Diwali, Then and Now
- Why we Celebrate Navratra Cuisine
- Journey to the Centre of the Universe

UK £ 2.50 • France FF 35 • Germany DM 9 • USA US\$ 5 • UAE Dirhams 15 • Japan Yen 800

Discover India

CONTENTS

VOLUME 11, NO. 10 OCTOBER 1998

EDITOR SHRITI NATH

EDITORIAL ASSISTANT PRASAN KUMAR

DESIGNER HANS RAJ BODH

ASSISTANT DESIGNER
BINDU THOMAS

LAYOUT ARTIST RAM LAGAN

SUPERVISOR-IMAGESETTING T.T. VERGHESE, DINESH MASIH

ASSISTANT CIRCULATION MANAGER
J.P. NAGAR

CHAIRMAN (Media Transasia Group) J.S.UBEROI

PRESIDENT XAVIER COLLACO

VICE PRESIDENTS

RAJU SARIN (DELHI) Tel: (011) 6868775 L. ALI KHAN (BANGALORE) Tel: (080) 2219578

ASSISTANT VICE PRESIDENTS

T. JAYAKRISHNAN (MUMBAI) Tel: (022) 2871302 A.J. MAZUMDAR (CHENNAI) Tel: (044) 8282159 AMITAVA GUHA (DELHI)

FINANCIAL CONTROLLER RAJESH MALIK

GENERAL MANAGER (Operations)
M.N. PANDEY

Discover India is published by Media Transasia Limited, Room 202-203, Hollywood Centre, 233, Hollywood Road, Central, Hong Kong. Tel: 2815 9111, Fax: (852) 2851 1933. Entire contents Copyright © 1998 Media Transasia India Ltd. All rights reserved. Reproduction or translation in any language in whole or in part without permission is prohibited. Requests for permission should be directed to Media Transasia India Ltd. Opinions carried in Discover India are the writers' and not necessarily endorsed by Media Transasia. The publisher assumes no responsibility for return of unsolicited material unless accompanied by sufficient return postage. Nor is he responsible for material lost or damaged in transit. All correspon-dence regarding advertising or editorial should be addressed to Media Transasia Thailand Ltd., 14th floor, Orakarn Building, 26, Chidlom Road, Ploenchit, Bangkok 10330, Thailand. Tel. 2519905-7, Telex: 84003 MEDTRAN TH or Media Transasia India Limited. K-35, Green Park, New Delhi-110 016 India. Tel: 6868775, 6862839, 6862841, 6865482 Telex: 031-73262 MTIL IN, Fax: 011 6867641

4 Editorial

6 CHITRAKOOT

A Timeless Heritage

TEXT AND PHOTOGRAPHS: HUGH & COLLEEN GANTZER

12 Variations of the Ramayana

TEXT: K.S. SRINIVASAN

16 Why we Celebrate

TEXT: NIHAL MATHUR

20 Ambassador Talk

24 MADURAI

A Tryst with South India's Traditions

TEXT: JYOTSNA NARAYAN

28 DIWALI
Then and Now
TEXT: P.S. BAWA

32 Taking Stock at Diwali Time

TEXT: K.B.R. SWAMY

35 SOLAH SHRINGAR 16 Steps to Perfect Beauty

TEXT: RITU GHAI

38 GOLD
The Seed of Desire
Text: DWITHIYA

42 On Your Mark Get
SET ...Go!
Car Rallying for the
Daring

TEXT AND PHOTOGRAPHS: GAURAV NATH

46 Indo File

47 Mysore

Devajara Market

Text: Graham Langley Photographs: Nicholas Whitton/ Imagetext



Cover credit: Deepavali decoration (Jitendra Singh)

50 Journey to the Centre of the Universe

> Text and Photographs: Vikas Krishna Bansal

54 FASTING
A Lesson in
Restraint

TEXT: SUJATHA NATH

57 HINDUISM
Religion or Culture
Text: Saloni Sapru

59 Navratra Cuisine

TEXT: ASHOK PANT PHOTOGRAPHS: PALLEE

62 GANUIFAS
The Tradition of
Gambling in India

TEXT: DR. CHARU S. GUPTA PHOTOGRAPHS: MUSHTAQ KHAN

65 Folk Theatre

Text: Sunit Sharma Photographs: Soumitra Mohan

68 MEHNDI Culture Yesterday Fashion Today

TEXT: AMI THAKKAR

70 Pulsating Pushkar

> TEXT: KRISHNAKALI GUPTA PHOTOGRAPHS: ARIJEET GUPTA

72 Living with Water Fowl

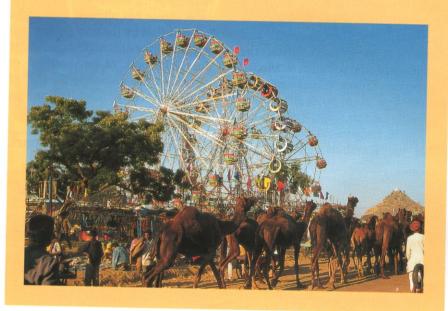
TEXT: JYOTSNA NARAYAN



Why we Celebrate

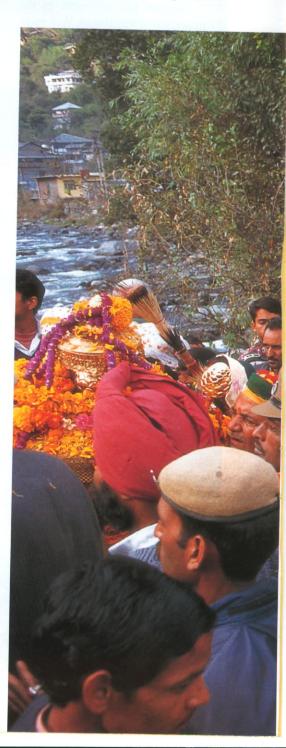
Text: Nihal Mathur

Woven into the very fabric of Indian life and ethos are Fairs and Festivals that have come down to us today, spanning hundreds and, yes, even thousands of years in our history and culture.



airs and festivals are not merely events for merrymaking but have a vastly deeper significance in our lives, connected as they are to our ancient religion and mythology and what is perhaps not so evident, to the changing rhythms of the six seasonal divisions of the year.

Take for instance, Diwali, the most celebrated festival of India. Coming in the months of October/November, this is the time after the 'kharif' crop has been harvested when there is a sense of plenty with the people. During this time, there is agricultural surplus, buying and selling, acquiring of assets



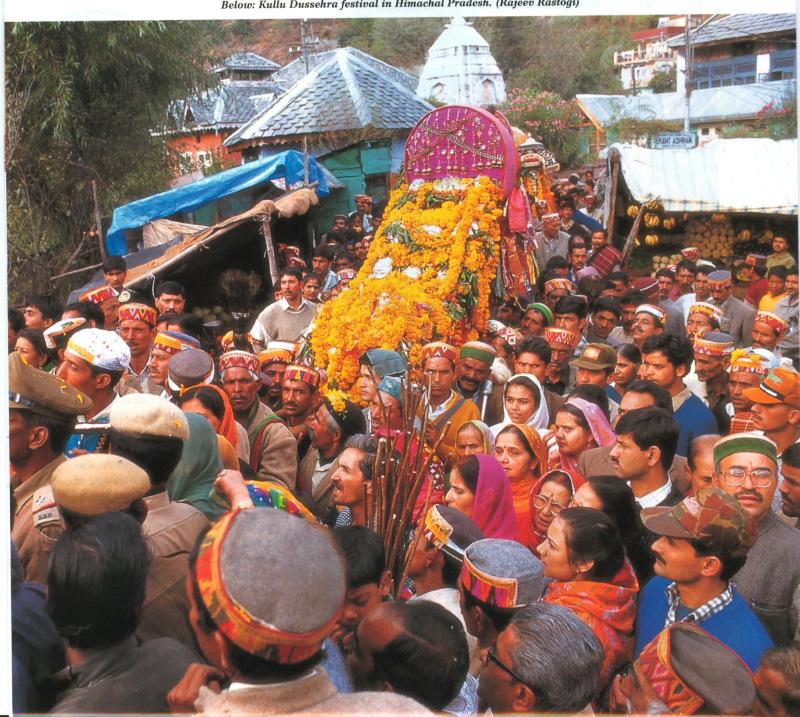
like gold jewelry, property or starting a new venture etc. It is only natural that this festival has been linked to Lakshmi, the Goddess of Wealth and Prosperity who it is said, would enter your home only if it was clean. Consequently the houses were whitewashed, brass and bronze utensils were given a fresh coat of nickel, clothes were put out to dry in the sun and every dark corner of the house was emptied of its contents, to be brushed and dusted. In short, this simple tradition incorporated the critical message essential for well being in a

tropical climate: filth and fungus brought in by the monsoon were to be thoroughly cleaned before the festival of Diwali which marked the on-set of the winter season. In much the same way the festival of Holi marked the beginning of summer and Janamasthami, the rains etc. Tied to these festivals were customs of food and clothing, befitting the change of seasons.

Sanctified by mythology, the festivals also became annual events to remember the timeless wisdom of the ages, enshrined in our epics and other scriptures. On festive occasions, besides the feasting and celebration, tradition decreed that we reflect on some of the more important, though philosophic, aspects of our lives by listening to recitation from the holy books, performing puja and thanking the gods for their bounty. Essentially then, the festival was each individual's expression of harmony with his own self and Nature.

While the festival was, by and large, celebrated at home, the fair on the other hand drew the individual out to a particular place — like a temple or

Left: A view of the camel fair ground at Pushkar, Rajasthan. (Arijeet Gupta) Below: Kullu Dussehra festival in Himachal Pradesh. (Rajeev Rastogi)



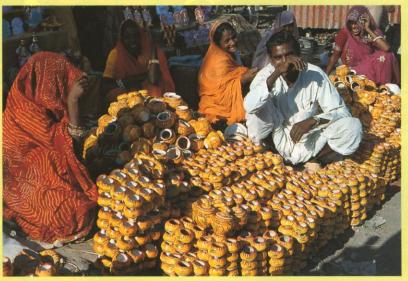


Above: Celebrating Holi, the festival of colours. (Prakash Israni)

Middle: Thousands of spectators gather for the cultural show at the Pushkar
fair in Rajasthan. (Arijeet Gupta)



Potters do brisk business during the festival of Diwali. (Nihal Mathur)



river, where hundreds of thousands of people gathered annually to celebrate an occasion. Perhaps the most important raison d'être for the fair was the intrinsic human need to meet and interact with others of their kind. Much before the advent of instant communications and speedy travel and transportation, people were scattered far and wide with little or almost no contact with others. Fairs provided an opportunity for a whole lot of different people, whether they were sadhus or singers, performing artists or craftsmen, poets or painters, to come together, meet and exchange news and ideas.

Whatever the reason, the fairs and festivals were fixed in the calender so as to fit into the working pattern of the people. Care was taken to see that these events were scheduled when the people were not busy with the various activities of agriculture or, if they were, that they were relatively free from their fields so they had enough time to participate.

Like the festivals, the fairs also came to punctuate life and provide a welcome relief from the monotony of mundane existence. Leaving behind the drudgery of everyday care and worry, people flocked to the fairs not only for entertainment but also to see the wider world at work. For the spiritually inclined, the holymen were there with their commentaries, dialogues and discussions on the scriptures. The poets gathered together in a group of their own, while the nautanki and the nautch girls danced and played to amuse the amorous adults. There were magicians, snake charmers, fire-eaters and of course, the acrobats that enthralled the child in all of us! Then there were festive foods to cater to every palate and pocket but above all there was shopping. Depending upon the size of people coming to the fair, craftsmen from far and near came to sell their products. Articles for all kinds of purposes and made out of all types of materials, which were normally not available in the small village economy, were now on display and sale. Whether, it was textile or terra-cotta, a wooden or metal object, the purchased craft item became a cherished symbol of the fair and a memory of good times associated with it.